

在瞬息萬變的時代巨輪裏，教育政策不斷改革。過去十多年，本校一直秉持堅持不懈、努力創新的宗旨，期望穩中求變，趕上時代步伐。時至今日，本校略有小成，亦有幸得到區內家長及學生的支持，我們深感鼓舞，更讓我們深信只要用心辦學，保棠學生定能茁壯成長，將來在社會上發光發熱。為讓大家能分享本校的校園生活點滴，與我們一同成長，本期《棠晴》主要從以下四方面介紹本校特色：

- 棠情-保棠的精彩片段
- 棠室-保棠的特別室
- 棠情-保棠的師生情
- 棠堂-保棠的多元化課堂

## 題解

校報以「棠晴」為名，「棠」代表着全校的師生，亦與我另一定期的家校通訊「棠內堂外」一脈相承。「晴」代表充滿朝氣之意，也取其諧音與「精」相近，意指藉着這份校報，增進全校師生的感情。故「棠晴」意指全校師生充滿朝氣，努力向前，大家團結一致。

## 本校成績概況

### 入讀本地大學學士課程概要

近三年，本校同學入讀本地大學學士學位課程平均每年逾120人，高全港4倍。

入讀之學系分別有：醫學、法律、言語及聽覺科學、保險及財務與精算學、風險管理科學、專業會計學、中醫、物理治療、經濟與金融、工商管理、社會工作、工程、教育、幼兒教育及護理等。

### 第九屆香港中學文憑考試

除中國語文、中史、中國文學外，全部科目(包括通識教育科)均以英語應考。

全部科目取得2-5\*\*級別成績平均為99.5%，取得4-5\*\*級別成績平均為53%。

數學科、生物科、物理科取得4-5\*\*級別成績平均為68.6%，當中物理科逾82%。

## 2020-2021中一自行分配學位網上座談會

是次活動於2020年12月13日圓滿結束，本年座談會雖然因疫情而改在網上舉行，但仍一如以往反應熱烈，報名人數踴躍，共吸引逾400個家庭報名，如按以往一個家庭2-3人出席，是次約有800-1200名家長及學生同時在線上參與。是次座談會除了介紹校園的各項設施、學生公開試成績概況及中一自行分配學位情況外，還介紹校內公開英語演說計劃、STEAM教育、學習支援措施、不同場景的教室、資訊科技教學設備及多元化課外活動安排及表現等資訊，讓參與者深入了解本校校情。

### 設置場景教室，讓學生「走出課室」

「演辯廳」模擬法庭場景，學生於這個嚴肅的氛圍下培養辯論及演說技巧。



以懷舊香港為主題的「保棠」展覽廳，內裡的電影院、大排檔、天台教室等都展示了香港昔日面貌，讓學生認識香港今昔變遷。

### 資訊科技配套，令學生緊貼資訊發達年代



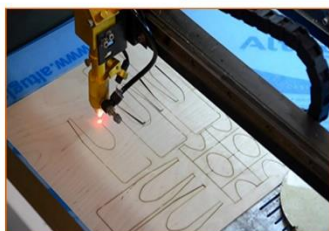
在「未來教室」中，共設有35部iPad Pro，以配合不同科目運用資訊科技上課，讓學生善用最新科技獲取知識。

全部課室配置Apple TV及Action Tec讓師生均可利用智能手機及平板電腦進行不同的學與教活動。



### 不同STEAM設備，供學生融會知識、實踐所學

「食用菌生長模擬室」利用人工室內環境系統的控制技術，模擬食用菌在培育生長過程中各個環節的環境氣候。



STEAM Lab設有3D打印機及鐳射切割機，學生運用立體設計及鐳射切割技巧，將設計概念轉化為實物。

### 多元學習經驗，拓闊學生視野



學會類別涵蓋學術、藝術、及體康、服務與興趣等，鼓勵同學參與多元活動，發掘不同興趣，發揮多項才能。

### 紅樹林及熱帶雨林生態系統

本校生物科同學和老師共同設計了紅樹林生態系統。該系統由老師帶領同學到紅樹林濕地進行實地考察，學習有關生態保育及生物多樣性的知識。系統能透過自動化照明、潮汐控制及噴霧灑水，模仿野外環境，把以往只能透過野外實地考察才能親身觀察的紅樹林帶到校園內，讓同學在距離持續觀察紅樹林植物及各類生物的互動。



(上)生物科范基柱老師與同學親自種植紅樹苗，營造雨林環境。



(上)是次計劃讓同學活學活用，在模擬雨林中作多種生態研究，建構一套生態環境，令學習充滿趣味。

(右)生態系統內的少量濕地生物及紅樹幼苗，均由老師和同學到紅樹林進行實地考察時收集。



(右)紅樹的碎屑，能為系統內的彈塗魚等生物提供食物，近距離觀察，可了解其習性。



### 爬山單車



為提升同學訓練成果及令訓練更加安全，學校添置了18輛爬山單車。正所謂「工欲善其事，必先利其器」，往後同學在賽場上可發揮得更淋漓盡致。



### 防疫措施

由於2019冠狀病毒疫情持續反覆，本校於復課後已作一系列的防疫清潔消毒工作，例如聘請專業清潔公司清洗全校洗手間和地氈、高溫消毒布藝椅、以稀釋漂白水清洗全校走廊樓梯及牆身。另聘請消毒公司到校以消毒噴霧噴灑抗菌塗層，範圍包括全校課室、特別室、教員室、教職員休息室、校務處、升降機及禮堂。

(右)消毒公司為課室噴灑抗菌塗層，以防微生物在物體表面粘附，從而達至長效抗菌。



(上)新購置的紅外線體溫檢測機能確保進出校園者均符合體溫要求。



(上)有蓋操場及每個樓層均設有消毒酒精及棄置用過之廢筒，供同學進出校園使用。



### 學生眼中最愛的校園角落

#### 未來教室



未來教室不時展出不同的資訊科技設備和舉辦相關活動，如混合實境及互動體驗工作坊就令我十分難忘。從中我們可以嘗試這些平時較少機會接觸的科技玩意，真是新奇有趣！(4C蔡文涵)

#### STEAM Lab



在STEAM Lab中我和同學們運用當中的設備，如鐳射切割機、立體打印機來製作參賽作品，埋首拼搏雖苦，但幸好也「修成正果」。(4A李沛渝)

#### 中央運動場

由於疫情影響，我們足球隊已很久沒有到足球場練習！真想念以往在運動場上跟同學、隊友們揮灑汗水的美好時光！希望這一天可以快點重臨。(5D吳穎皓)



#### 家政室

每次到家政室都令人十分期待，期待今次烹調的菜式、期待菜式的味道、期待與同學一起烹飪的過程。而且家政室的設備多元、先進，很多同學的創意亦能自由發揮，過程令人回味呢！(4A薛梓健)



不速之客

羅曉忠老師

2020年是一隻貓，一隻棕黃色、吊著眼、肥頭大耳的貓。牠目中無人，蹣跚跳上準備好舉辦盛宴的方桌，然後肆意地跳動、倒亂，水瀉了、菜翻了，侍廚師、侍應和客人都瞪目結舌，便施施然跳下了桌子，揚長而去。面對亂成一團的困境，相信所有人也手足無措，同學的學習更是首當其衝：學習地點變為網上，沒有師長從旁指導，沒有同學互相砥礪；學習活動都只能集中於了解課本內容，失去了與人交流、合作的機會，更遑論參與校外活動，發展個人興趣和潛能。這樣的學習生活，也許同學都會覺得苦悶、徬徨、困惑、孤單，甚或開始抱怨，怨恨著疫情帶來的種種；又或是開始追憶，以往平淡的生活也變得精彩絕倫。不論你我，都相信有同樣深刻的體會。

然而在困局之下，我們能就此佇立守候嗎？我們能冷眼旁觀，等待著別人來收拾亂局嗎？萬萬不可，因為時間可是冷酷無情：當你還在等待，飲料已經蒸發成一攤污漬；當你還在耽擱，醬汁已經散發出一股惡臭；當你還在耽擱，菜肉已經長滿了一群蛆蟲。時間從不停止，逃避和不作為只會成為失敗的養份。疫情總會過去，大家終會聚首。到時的你，也許還會哭哭啼啼，指著那隻惡貓引致了亂局，將一切的責任推卸給對方，但仔細一看，會不會只有你的位置充滿污積、惡臭和蛆蟲，這一切都是誰縱容而成的？那時候，其他人都已經收拾好，準備著下一場饗宴，除非你能在一片混亂之中飽吃一頓，不然要為自己收拾位置的責任，只會回到你身上。

我們是幸運的，因我們都成長於一個安穩的時代，但這同時亦為我們帶來不幸，因我們都變得耽於安逸，在難關面前一籌莫展。貓的出現縱使是不幸，但同時亦警惕著世人，在不能打、趕不走的貓面前，我們只能讓自己鼓起勇氣，提起決心，去適應、去收拾。過程很苦，但我們都是同病相憐，因此我們更願意互相幫助，只為以後能再一次一同享受盛宴。值得慶幸的是：在網上授課期間，我能觀察到不少保棠的學生已經開始為自己收拾，甚至已經對新的學習模式得心應手。但若然你是那個仍在苦苦守候的人，我希望這一篇篇文章能成為你卸下自滿的裝扮，束起頭髮、擱起衣袖、重新開始認真工作的一個理由。

一起成長

鄭國寶老師

2020年5月，我來到了何蔭棠中學，擔任中文科助教，負責替退修了選修科的高年級學生上中文補課。一直作為學生的我，想不到現在能夠成為一位教師，在課堂上向學生分享中文知識、一起相處，真是一份人生中珍貴又美麗的禮物。

何蔭棠中學的學生給我的感覺是很聰明、好學、富好奇心、懂得發問、有禮貌、善良、純真、認真、多才多藝、很有趣、很可愛。老實說，教學經驗尚淺的我，一開始面對一大班學生真感到有點害羞。慶幸的是，學生都很乖、很親切、很尊重我，讓我能夠順利融入保棠這個大家庭，真的很感謝他們。

經過了半年多的教學時光，不斷修正教學方式和教學內容，慢慢掌握到屬於自己的教學風格，令我感到很滿足。作為教師，除了希望學生能夠學習到更多中文知識，也希望學生能夠有自學能力、喜歡



學習、對不同事物充滿好奇心、培養個人興趣、用心待人、保持善良純真。而大多數保棠人均能做到上述幾點，很值得欣賞。

同學，你們成長的同時，我也在成長；能夠有緣相識、互相學習，真好。讓我們好好珍惜相處的時間吧，即使現在疫情嚴重，只能網上授課，但不會阻礙你們學習的心；你們總在網上積極發問、回應，真讓我感動。繼續努力、加油！希望疫情快快完結，大家都身體健康。

鄭國寶老師雖然只是剛加入保棠大家庭，已經感受到學生的善良和可愛，十分享受與學生相處的每個時刻，令她明白到教學相長的道理，在擔當老師的同時，亦豐富自己的教學手法。

大家庭

IE簡國亮

來到保棠這個大家庭已有一段時間了，一開始也有點陌生，但後來幸好有各位老師的照顧，和各位同學的關照，讓我很快地熟悉這個大家庭，令我不再陌生，與同學也漸漸熟絡了。

開學第一天，我就感到中學與小學真的有太多的不同，還有些不習慣呢！中學比起小學自由很多，感覺最大的差別就是功課。小學的功課通常都是明天交，而中學的功課，老師會多給幾天我們自己分配時間完成，更考驗我們的自律。另外的問題就是開學不久就迎來了小測及統測，能考入這間學校的同學們都是精英，而今年因為疫情緣故考不了分班試，採取隨機分班的機制，同班同學的成績也會有一定差距，令我感到競爭很大，壓力自然也會很大。還有因為學校是全英教學，自然有別於小學，這也令我花上時間適應。

再者，來到一所新學校，認識同學也是一件很重要的事，同學能在關鍵的時候幫你一把，一起在知識的海洋拼搏的也是他們，因此我回到學校後第一件事就是認識同學。我們班上的同學都非常友善，遇上困難時也樂意幫忙，例如常會互相提醒明天要交的功課。我很高興認識了一些不錯的同學。

最後還要謝謝老師們的照顧，來到一個新環境不熟悉令你們操心了，學校的老師都很親切，遇上什麼不懂的時候更能透過軟件問老師，老師便會循循善誘地教導我，甚至很晚都回覆，真是辛苦你們了！希望我在未來的六年都能遇上愉快的中學生活。



雖然受疫情影響，簡國亮同學要到九月底才第一次見到同班同學，但他很快就與同學打成一片，大家一起佈置班內的壁報。雖然共聚的日子尚淺，但他仍很享受難得上學的見面機會。

我不孤單

6E唐杰盈

時間在疫情下被按上了幾倍速的按鈕，而我們就像這段荒謬影片的看客，對著驟然加快的畫面一頭霧水，迷迷糊糊地，這段中學青春校園片便來到尾聲，而我們卻還未有心理準備去面對這注定分離的結局。

時局像利刀一刀一刀割傷我們的心，挫鈍我們學習的意欲，回想這短短一年的網上授課，安坐家中，聒噪的背景音樂從左耳鑽入，又從右耳爬出，以往抬頭便能看見的老師的身影，現在只佔了手機的小小一隅，儘管多少次想要認真，多少次自我督促，多少次下定決心，最終還是頹然擱筆？若果肺炎是一位老師，在自律這一科中，恐怕已倒下了成千上萬的莘莘學子，成績表上的紅早便把長江也染得血紅。文憑試的壓力、對自己的不滿、疫情的打擊，令中六生尤其艱難，但儘管前路再崎嶇，路途再曲折，我們的終點如此清晰明確，目標卻始終如一，既然如此，便咬緊牙關踏出每一步，儘管腳印只有一條，但我知道，我並不孤單。

仔細想想，在失敗上經驗豐富、「不合格」資歷堪比博士、對默書測驗駕輕就熟的保棠人，現在不過是又多了一門令人煩厭的科目，距離真正的戰場只餘一段看似漫長實則短暫的日子，各位習慣臨陣磨槍的同學，君不見肅殺衝天號角已嗎？是時候拾起磨刀石，自我砥礪。

唐杰盈同學(左一)在轉眼間已迎來自己在保棠的第六年時光，在面對公開試的挑戰時，更受突如其來的疫情影響。有幸得到一班並肩作戰的好友，在這道難關前一起奮鬥，期望各位同儕亦能互相勉勵，勇往直前。



## STEM聯盟「3D家居設計比賽」

保良局何蔭棠中學校報

第十七期

5C李潔盈及李芷茵參與了STEM聯盟及香港建築學院所舉辦的「3D家居設計比賽」，她們運用「Revit軟件」設計了一座名為「Optimism」的建築物，然後透過Microsoft Team向比賽評審匯報這個幸福家居的設計概念。她們從全港97隊隊伍中脫穎而出，獲得了比賽的總冠軍，同時亦獲得「最佳匯報獎」及「最佳設計獎」，最後李潔盈及李芷茵同學共獲得6千6百元的現金禮券及獎狀。



在楊志恆老師指導下，同學運用電腦程式將抽象的概念繪製成具體的設計圖。



為求令設計更能突出「幸福家居」的主題，在十多天內已修改了數十次。



大會評審專心聆聽本校學生作品的實時視像匯報。



比賽評審(由左至右)莫炳林校長、鄭展鵬博士、林煦基先生、及陳賢宗先生與參賽者隔空合照。



同學獲得「總冠軍」、「最佳匯報」及「最佳設計」，肯定了同學的創意和能力。



可透過以上QR CODE 觀看得獎學生作品的「穿越影片」，了解更多。

## MY STAGE – Inter-School Fashion Design

由「中港新世代協進會」主辦、「good morning CLASS」協辦之「MY STAGE – Inter-School Fashion Design Competition」以「武術(精神)」為主題，一共60多間中學，當中包括400多名學生參加。本校6A詹燕如和去年畢業生6A周捷濤分別奪得亞軍和優異獎。大會特別安排服裝製作團隊和同學合作，將設計概念製作為真實的成品，並在頒獎當日在荃灣南豐紗廠以「時裝秀」方式展示出來。



6A詹燕如(中)以武術為主題設計出成人的流行便服，設計獲評審團一致的高度評價，從400多名參賽學生中脫穎而出，奪得亞軍，獲獎學金3,000元。



6A周捷濤(中)將武術精神的文化特質融入流行便服元素，設計一套兩件適合成年人穿著之流行便服，奪得優異獎，獲獎學金1,000元。



商務及經濟發展局副局長陳萬里(後排右4)、中原地產亞太區主席兼行政總裁黃偉雄(後排右5)及立法會紡織及製衣界議員鍾國斌(後排右6)，與三甲得獎者合照。

**I Miss The Stage**  
**5A Cheng Wing Tung**

‘3...2...1...start!’ I bowed to the camera and started my speech. It was such a different experience to take part in Speech Festival this year since we had to record our speech instead of performing on stage.

Although we could record hundreds times before we chose the perfect one, it took lots of time and patience to take a flawless one. I sometimes felt frustrated. It was hard to perform perfectly in one take. I started missing the stage, a place for me to show my talents.

This year was tough but I am glad that I overcame new challenges and made it. I hope everything will get back on track so we can perform on the stage and enjoy the loud applause again.

**Small Class Teaching**

In 2020-2021, small class teaching has been carried out across different forms in the college. 15 additional teachers and teaching assistants have been recruited to leverage the teacher-student ratio in multiple subjects to raise the quality of teaching and learning.

Subject	Teacher-Student Ratio	Additional Classes
English	5 classes are divided into 10 groups in F.5 and F.6	10
Mathematics	5 classes are divided into 10 and 8 groups in F.3 and F.4 to F.6 respectively.	14
Chinese (Speaking)	Reduced to a minimum of 1:14	30
Liberal Studies	5 classes are divided into 7 groups in F.5 and F.6	4
Chemistry And Visual Arts	Additional teachers in F.6 Chemistry and F.4 to F.6 Visual Arts	5
Total		63

**Authentic English Learning**

To expose students to authentic English speaking environment, English Department has evolved a comprehensive scheme. Students can have activities with native English speakers during lessons. Through English Everywhere, in which online videos are broadcast, students can learn vocabulary and idioms used in real-life contexts. To enhance speaking skills, a variety of interactive activities are carried out in class. Students are encouraged to utilize their mobile, tablets and other devices to access news online in the form of digital newspapers and digital magazines before discussion.

**A Special Year**  
**2A Chan Yin Tat**

2020 is a tough year for everyone. Owing to the suspension of schools in the pandemic, I started to treasure every learning opportunity. I particularly want to share my experience in the Speech Festival during this hard time.

I have joined the Speech Festival every year since primary 2. There was no exception this year, however, it was much more special and challenging than ever. To prevent the spread of the virus, new arrangements were made to avoid crowds, for instance, video submission instead of on-stage performance.

To improve my voice projection and gesture, I often practised for hours and sought help from Miss Ho, my class and English teacher. Before the submission deadline, I tried my best to polish my speech and studied the speech days and nights. Thanks to Miss Ho’s guidance and the support from my friends, I performed my best in the last shooting. Although I was not awarded any prizes, I got something more valuable which are experience and skills that can help me stand out in the next competition.

Nobody is born gifted. Every success requires constant practice and refinement. Do not allow challenges or fears to defeat you. Continue to pursue your dream.

**The Speech Festival That I Won’t Forget**  
**5A Ng Lok Hei**

Everything changes this year because of the outbreak of COVID-19, even the way of how we participated in the English Speech Festival.

This was not my first time to take part in it since I really enjoy standing and performing in front of audience. However, we had to submit videos this year. It was exhausting to film our speech many times until it became perfect. We often had to retake the video when birds chirping or noise from construction work became the ‘background music’. I do miss the days that I could stand in front of the audience and my hands got sweaty when I was on the stage.



While facing the completely unprecedented circumstances that the pandemic has brought, the Association decided and announced that the schedule of the Festival events were adjusted under the ‘Video Submission Mode’.



Students enjoy having discussions with NETs during oral lessons.



Having competitions with NETs is always a joyful learning experience.



# Learning Environment in Po Tong

## STEAM - paving the way for the future

Po Leung Kuk Celine Ho Yam Tong College School Bulletin  
The Seventeenth Issue

STEAM is an approach based on the idea of educating students in specific disciplines, namely Science, Technology, Engineering, Arts and Mathematics. This is the third year that our school has participated in the Coral Cultivation Program, which is jointly organized by The Chinese University of Hong Kong and The Agriculture, Fisheries and Conservation Department. This project allows secondary school students to cultivate corals through workshops in schools, and invites local students to participate in cultivating coral cultivation and monitoring coral activities in schools, so as to raise their awareness and concern about coral conservation in Hong Kong. In addition, the project also encourages participating students to share conservation experience, promote the importance of coral conservation with groups inside and outside the school, and witness the coral conservation work in Hong Kong.



This is the third year that our school has participated in the Coral Cultivation Program.



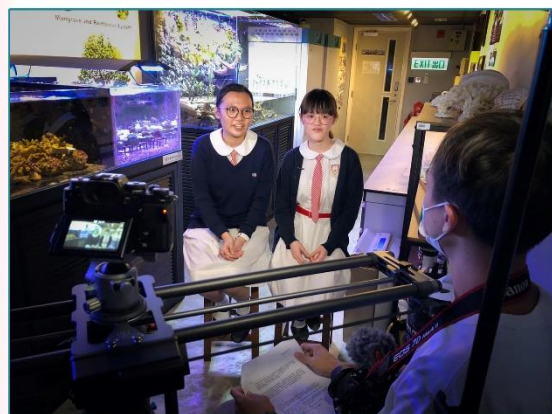
Through the workshop, students could have a better understanding of coral cultivation.

Last November, The Coral Cultivation Team of the Chinese University of Hong Kong visited our school to conduct a Coral Cultivation Workshop on how to cultivate coral from colony fragments on campus. In this workshop, students learned about water quality management, measurement of coral health and growth rate.



This year, 20 students from Form 4 to Form 6 will take care of the corals. The grown corals will be transplanted to Tolo Harbour for coral community restoration.

Our students also conducted an interview with the Agriculture, Fisheries and Conservation Department, and talked about the experience of taking care of the corals in the past two years. Through this project, students could enhance their understanding of the environment and natural ecological conservation. For example, they learned about the impact of using disposable plastics on marine ecology, so they reduced the use of such products in their daily lives. They also found it very meaningful to be able to transplant the corals they cultivated in Tolo Harbour for coral conservation.



Our students hope that the coral communities they have conserved will continue to grow and to enhance the biodiversity of Hong Kong's oceans in the future.

### *I could never imagine what my school life would be like without...*

*The Fitness Corner, which provides a wide range of fitness equipment. This fully-equipped gym room really allows us to unfold our workout potential.*

2A Lam Tik Yu

*School Canteen. I really enjoy having snacks and drinks with my classmates there. It's one of our favourite spots of our school where we spend our time during recess and after school.*

1A Chan Hoi Kiu

*Language Galaxy. I find the decoration and the arrangement of tables and chairs really interesting. This relaxing learning environment helps us stay attentive during class.*

3D Yam Cheuk Fung

*School Library. The collection of books always fascinates me. What's more, there are also a wide range of academic guide books which are useful too.*

4E Chan Yiu Fung

*Celine Cafe, which is a relaxing area for us to chat with our classmates. With the free access to school WiFi, we can also use our mobile phone for academic purpose.*

3E Ma Chun Hei

*Speech Chamber. This multi-purpose room, which resembles the lecture halls in universities, gives me a taste of being a university student and reminds me to work hard for my goal.*

2C Chow Tsz Yau

## Attachment Towards Po Tong



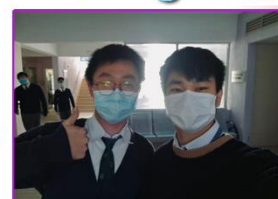
### Enjoy Life to the Fullest

#### Mr. Liu Tsz Ho

I am really honored to join the Po Tong family, which is a place full of love and care. The past few months of teaching in Po Tong have been enjoyable, especially chatting with students from different forms. I find that all of their ideas and thoughts are very innovative and creative since they never fail to surprise me during lessons. It is inevitable that students may encounter many difficulties throughout school life, but I have faith in all of them because that is what school is supposed to be, a place that allows mistakes and improvements.

"It was the best of times, it was the worst of times..." Undoubtedly it was the winter of despair, but what you can do right now is to do your best until you make it. Then, when you know better, strive to do even better. I know some students may get lost easily, or emotional problems might get in their way. Let's think positively, keep motivated and set a goal for ourselves. Most importantly, we have to believe in ourselves. Show our true colours, get a breakthrough in life and reach our destination!

Meanwhile, it is the spring of hope for Po Tong students who are cheerful, energetic and bold. Living in a constantly changing society is never easy to live up to the rising standards. It is crucial to explore our potential, learn from mistakes, and always remind ourselves to apply what we have learnt. I hope that Po Tong students can become responsible, dare-to-try individuals, and enjoy life to the fullest.



Mr. Liu Tsz Ho  
(the one on the right)  
A photo was taken at the end of UT1 with a 4C student.

### Can't Thank You Enough!

#### 4A Lee Hei Yu

In the past four years, I have participated in different activities and sports teams. To be honest, they brought me both laughter and tears, but I have no regrets. The more challenging they were, the more I gained from them. When I reminisced about my school life, what popped into my mind were the people I wanted to thank especially. Growing up with the trust and companionship given by my pals, I truly believe that they have taken an influential role in my personal growth.



Lee Hei Yu  
(the one on the left)

I am so proud to be a committee member of Blue House and Basketball Team. It was not until I learnt to play basketball and experienced the winning and losing in competitions that I started doing everything with persistence and enthusiasm. Miss Lui, who is our coach, shares her life experience rather than just teaches us technical skills. Thanks to Miss Lui for letting me know the importance of fairness and perseverance.

Another teacher whom I must say thanks to is Miss Poon. She was my class teacher and English teacher when I was in F.2 and F.3. Being naughty and capricious, I often enraged her. However, as time went by, I was impressed by the way she taught which was so precious that I definitely gained so much from her. She also never defines anyone by their academic results nor learning attitude. Teaching us with kindness and consideration, standing by us, as well as giving us endless support, she is like an angel. I am more than happy to say thanks for Miss Poon's love and care.

### How strange it was!

#### 5A Chen Chak Fung

The most interesting yet strangest on-stage experience to me definitely goes to the recorded Singing Contest this year.

In view of the pandemic, organizing a singing contest was not a walk in the park. Never had I performed in front of so many empty seats. It was embarrassing how few people watched my performance, only few teachers and participants. Stepping on the stage, my heart started to beat faster. When the music was played, I started to sing with shaky voice. I then told myself that I should enjoy 'the uniqueness' instead. At the end of the day, I became energetic and passionate on the stage. Such a marvelous singing experience made my hard work pay off. It was certainly the best moment when I immersed myself in performing with my buddies Fergus and Sum.



Chen Chak Fung  
(the one on the left)

Watching our performance online at home did provoke a feeling beyond words. Well... this is absolutely a surreal experience after all.

### My Happy Teaching Life in Po Tong

#### Mr. Wong Cheuk Hon

2020-2021 is an exceptional teaching year. Teachers and students often meet online, but this does not stop the friendly relationship built between us. I can always see how curious Po Tong students are. Students are happy to express their interesting ideas during online lessons. They are eager to ask many interesting questions about science phenomena and love to explore how science can be applied in our daily life. I believe students still learn fruitfully in the pandemic.



Mr. Wong Cheuk Hon  
(the one on the right)  
A photo was taken with Soybean@STEAM team and Mr. Fan.

Each student in the Soybean@STEAM program has a chance to grow a pot of wild or cultivated type of soybean at home. Not only are students passionate to observe the development cycle of the soybean, but they also actively participate in this hands-on experience. I am glad to see how energetic Po Tong students are!

I hope face-to-face lessons can be resumed very soon since I really miss the time I do experiments with the lovely souls in the laboratory!

### Girls' Power

#### 5A Chow Yik Tung

Being a member of Girl Guides is a journey of growth. When I was in F.1, I found it difficult to establish new friendship. After taking part in Girl Guides activities, on further acquaintance, I made many like-minded friends. The experience of trying new things with my girls totally pushed myself forward and helped me get out of my comfort zone.

Participating in various activities, camping, backwoods cooking and selling flags, to name but a few, I completely felt the strong bonding between girls. Tiring as the marching practice was, we committed our heart and soul every time in order to attain a good result in the marching competition. After sharing all the ups and downs together, when it comes to team spirit, we are definitely second to none.

The most memorable event must be the annual camping. Knowing everyone's strength and abilities, leaders assigned different roles to members. Tying knots, reading maps, constructing ballistas, chatting at barbecue were simply the icing on the cake!



Chow Yik Tung  
(the second one on the left on the first row)  
Girl Guides is a big warm family where I find soulmates as well as supportive teachers. I hope more girls will join this big family and embrace the Girl Guides spirit.



## Students' Performance in Extra-curricular Activities

Types of Competitions	Numbers of Prizes Awarded
Speech Festivals and Writing Competitions	Over 90
Mathematics and Science Competitions	Over 300
Music, Art and Design Competitions	Over 100
Hong Kong Schools Sports Federation Matches	Over 210
Other Swimming, Track and Field Events	Over 240

Number of Prizes awarded in the past five years



In Inter-school Cross-Country Competition (Girls Grade A) organised by the Hong Kong Schools Sports Federation, our school won the Champion.

## Displayed Artworks

Good Morning Class  
My Stage Fashion Design Competition  
First runner-up

Class	Name	Award
6A	Chan Ho Yan	English Solo Verse Speaking (Champion)
2B	Tai Yi Fong Iris	Chinese Solo Verse Speaking (Champion)
1A	Chan Hoi Kiu	English Solo Verse Speaking (1 <sup>st</sup> Runner-up)
6E	Yung Hiu Laam	English Solo Verse Speaking (1 <sup>st</sup> Runner-up)
6B	Lam Yeung Ming	English Solo Prose Reading (1 <sup>st</sup> Runner-up)
1B	Xiao Zi Yin Gigi	English Solo Verse Speaking (2 <sup>nd</sup> Runner-up)

Despite the challenges brought by the pandemic and the new competition mode, our students performed with flying colors in the competitions.

Awards received in 72<sup>nd</sup> Hong Kong Schools Speech Festival



6A Chim Yin Yu

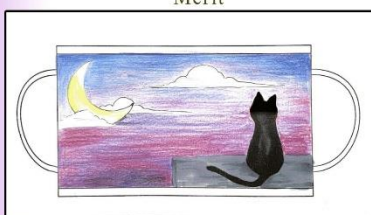


LCM Mask Design Competition  
Champion

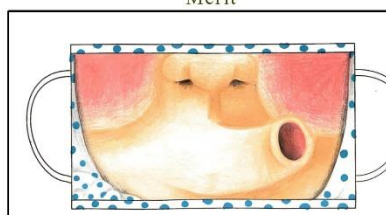


3A Wu Uen Yan

LCM Mask Design Competition  
Merit



2B Ng Yuen Ying



2B Lee Wai Yee

Good Morning Class  
My Stage Fashion Design Competition  
Merit



(2019-2020) 6A Chau Chit Ying

**The Kuk's Spirit**

Mutual Respect  
United Effort  
Renewal  
Charitable  
Gratefulness and Recognition  
Dedication to Serving the Community

**Vision**  
Children are nurtured, Tonglads are educated  
Health and happiness to contribute  
Blessings are spread for  
The best fortune and agreement with fate.

**Mission**  
To be the most committed and charitable organization  
In the Kuk's Spirit to do good deeds with benevolence.  
Besides to preserve the past and the respect  
caring for the elderly and the underprivileged.  
Using the love and caring for the society,  
providing recreation to the public, caring for the environment,  
giving to the needy and helping the poor  
to bring goodness to the community.

**Values**  
Five traditions, three core values and the current needs  
Honesty, integrity, hard work, perseverance  
Social governance, Participation and innovation  
Learning, Openness  
Optimal use of resources, Cost-effectiveness  
Professionalism, Service with heart